

RICHARDSON EAGLE FOOTBALL

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July 9, 2009

Eagles:

Eagle fans are going nuts in anticipation of what you are going to accomplish this season! Everywhere I go I am asked if we will continue our climb in Texas Football. After the way you worked this off-season and during spring football, I can honestly answer each time that this Eagle Football team won't accept anything less than greatness. In our business, that means winning and it means a playoff berth in November. Most of you have been active in our summer conditioning and strength program. If you haven't, it is not too late; conditioning workouts continue at RHS on Monday through Thursday at 7:00 a.m. to get you in condition for a great fall. 9th grade football players work out at 9:00 each morning. These workouts will continue through the week of July 31 with the last week (July 27-30) being conditioning only Senior Leadership sessions that run 8:00 a.m to 9:00 a.m.

I have enclosed a day by day summary calendar for August 2009. **All times and plans reflected in the schedule are tentative.** As plans change, you will be informed face-to-face, by telephone, or by e-mail.

The following dates are for your parents and you to schedule the remainder of summer activities:

Monday	August 3	Equipment Issue and Locker Assignments RHS Seniors 4 p.m. Juniors 4:30 p.m. Sophomores 5 p.m. Freshmen 5:30 p.m.
Wednesday	August 5	RHS Varsity/JV Physicals RHS Football Fieldhouse 6:00 p.m. Cost included in 2009 FB Food and Activities Fee
Thursday	August 6	RHS 9th grade Football & All other Sports' Physicals RHS Freshman Gym 6:30 p.m. Cost of Physical Exam \$15
Sunday	August 9	RHS Football Squad Meeting; RHS Cafeteria Grades 9-12 5:00 p.m. to 5:45 p.m.
Sunday	August 9	RHS Football Pre-Season Parent Meeting; RHS Cafeteria Grades 9-12 6 p.m. to 7:30 p.m.
Monday	Aug. 10	Pre-season Football practices begin Grades 10-12; Dressed & Ready 4:15 p.m. RHS All Dismissed at approx. 8:45 p.m. Grade 9; Dressed & Ready 5:00 p.m. RHS All Dismissed at approx. 7:45 p.m.

Saturday	Aug. 15	Pre-season Football practices Grades 10-12; <u>Dressed & Ready 8:30 a.m. RHS</u> Grade 9; Dressed & Ready 8:30 a.m. RHS
Saturday	Aug. 15	Grades 9-12 Varsity Gold Card Sales Blitz 1:30 p.m. to 4:30 p.m. RHS Locker room This a <u>mandatory team fund raising</u> challenge. <u>All Eagles will participate.</u>

All Eagles must understand that pre-season practices are mandatory. High school football is not something that you start with the first day of school. We will not be out-worked by anyone! 2009 will be a football season not forgotten around Richardson for decades! We have spent the better part of 3 years learning how to HOPE, FIGHT, AND BELIEVE. It is time to put all that together and ...

Win, Eagles, Win,

Coach Whitson